

**START HERE . . .** Hold WindSkate with both hands on Cross-Bar. Let the sail blow with the wind like a flag.

**SKATE TO GET STARTED . . .**

Then . . .

**SPEED UP** - by pulling Sail with left hand against the wind. **SLOW DOWN** - by letting out with left hand to let wind spill from sail.



**How To . . .**

# Wind Skate

WindSkating is so easy that the WindSkate practically sails itself. Just hold onto the **CROSS-BAR** and make sure the point of the sail is in **FRONT** of your skates . . . and **GO!**



**STANDARD POSITION RIGHT**  
Right Hand and Right Foot both forward. right pole straight up and down. Sail pivots on left pad against left leg.



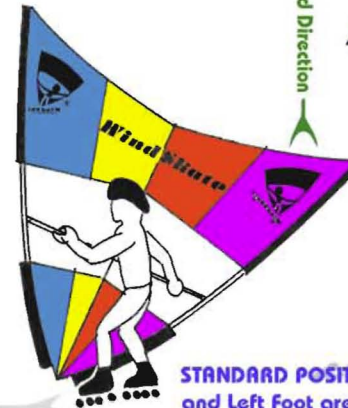
**WRONG!** Almost the only mistake you can make! **APEX (Point of Sail) is BEHIND skates.** And **FRONT POLE is tilted forward.** This will turn Rider in Circles. Great for "Wind-Dancing" (wind powered spins & twirls).



**DOWN-WIND TURN (JIBE)** - Be Ready for Burst of Speed! Shift angle of sail so that right pole will be straight up and down as you turn and sail to the right.



**ADVANCED SISSOR POSITION.**  
Left Hand forward on Cross Bar, Right Foot forward with Skates. Best Body Lanquare for positioning Sail. Works going Right also with inside foot forward.



**STANDARD POSITION LEFT** Left Hand and Left Foot are both forward. Left Pole straight up and down. Sail pivots on right pad against right leg.



**TURN UP-WIND (TACK) or SLOW DOWN** - by placing sail overhead in hang glider position. Best for beginning turns because speed is reduced.

**WHERE TO WINDSKATE** - Empty Parking Lots, playgrounds, bike paths, dry lake beds all make excellent WindSkate locations. New or smooth surfaces are recommended for smooth sailing. Area should be free of wind-deflection obstacles such as buildings, trees or walls.

**CAUTION with WindSkates** - You should be a Competent Skater before attempting to WindSkate. **WEAR HELMET, WAIST GUARDS, KNEE & ELBOW PADS.**