

**START HERE . . .** Hold WindSkate with both hands on Cross-Bar. Let the sail blow with the wind like a flag.

**SKATE TO GET STARTED . . .**

Then . . .

**SPEED UP** - by pulling Sail with left hand against the wind. **SLOW DOWN** - by letting out with left hand to let wind spill from sail.

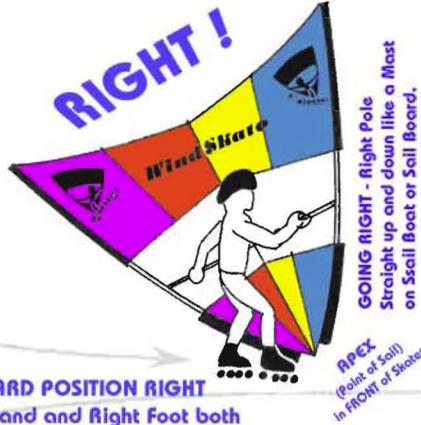


**DOWN-WIND TURN (JIBE)** - Be Ready for Burst of Speed! Shift angle of sail so that right pole will be straight up and down as you turn and sail to the right.

**WHERE TO WINDSKATE** - Empty Parking Lots, playgrounds, bike paths, dry lake beds all make excellent WindSkate locations. New or smooth surfaces are recommended for smooth sailing. Area should be free of wind-deflection obstacles such as buildings, trees or walls.

**How To . . .**

# Wind Skate



**STANDARD POSITION RIGHT**  
Right Hand and Right Foot both forward. right pole straight up and down. Sail pivots on left pad against left leg.



**ADVANCED SISSOR POSITION.**  
Left Hand forward on Cross Bar, Right Foot forward with Skates. Best Body Lanquare for positioning Sail. Works going Right also with inside foot forward.



**WRONG!** Almost the only mistake you can make! **APEX (Point of Sail)** is **BEHIND** skates. And **FRONT POLE** is tilted forward. This will turn Rider in Circles. Great for "Wind-Dancing" (wind powered spins & twirls).



**STANDARD POSITION LEFT** Left Hand and Left Foot are both forward. Left Pole straight up and down. Sail pivots on right pad against right leg.

**CAUTION with WindSkates** - You should be a Compentent Skater before attempting to WindSkate. **WEAR HELMET, WAIST GUARDS, KNEE & ELBOW PADS.**